

April 2023 VLGMA eNews

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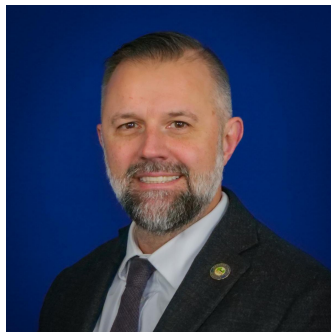
Tim's Thoughts

Dealing with Stress

I hope that everyone has enjoyed the spring weather and has had the opportunity to get outside and enjoy this beautiful time of year. March and April are busy times as we are all working to get our budgets balanced and approved. As you know any time this occurs it causes stress and possibly some turmoil amongst the elected body which most of the time is not in the best interest of a functioning governing body. Stress in our positions in local government can be overwhelming at times.

Senior Moments

Do you need help with a thorny problem? Do you like to read about other people's problems? These Senior Advisors are here to help! Ask the Seniors is a monthly help column for VLGMA members. Send your questions to seniormomentsvlgma@gmail.com. All questions and comments shall remain anonymous.



Introducing New DAO Chair

Hello everyone! My name is Todd Kilduff and I am Deputy County Administrator in Hanover County. I was recently selected to be the new DAO Chair after one of our own, Ande Banks, rose up the ranks to be City Manager in Harrisonburg!

Mashaw Award Nominations Coming Soon

Nominations are open until midnight on Friday, April 28, for VLGMA's 2023 Mashaw Outstanding Assistant Award, which will be presented during the VLGMA Annual Conference in June.

Save the Date for the 2023 VLGMA Summer Conference

The conference will run from June 7-9, at the Marriott Oceanfront Hotel. Registration and room block information coming soon!

LEAD and SEI

Applications are being accepted for all LEAD programs and SEI.

SEI: July 16-28. [SEI info and application.](#)

LEAD: May 6-12; Sept. 16-22 and Nov. 11-17.

LEAD info and application.

Contact **Molly Harlow** with any questions.



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The Eye of the Beholder

We have a penchant to only see
what we first believe.

But if we question all that we unconsciously assume,
an awareness awakens and blooms
and an openness so inviting
now becomes fun and exciting.

Welcome each moment's freshness and possibility
and lift the veil of stifling predictability.
When the light of inspiration is allowed to shine,
the ordinary is transformed into the sublime.

Open your emptied mind and see
what you would never believe.



Position Changes And Other Events

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