

# September 2022 VLGMA eNews

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## **Tim's Thoughts**

#### **Back to School**

It is back to school time in Virginia. By now, all school divisions have started a new year full of excitement and possibilities.

#### A DAO in the Life

By Laura Triggs, Deputy City Manager, City of Alexandria
"What Does Success Look Like?"
Leadership Lessons from My Work as a Deputy City Manager

A close colleague good-naturedly jokes with me about how often I ask a question to the effect of, What does success look like? But I don't mind because (as my colleague acknowledges), I intentionally raise that question to the department with whom I work to establish a meaningful starting point for our operational or policy discussions.

## **ICMA Southeast Regional Conference**

Mark your calendars: The 2023 conference in ICMA's southeast region will be held May 10-12, 2023. Location and theme to be announced.

## 2022 SEI Alumni Program

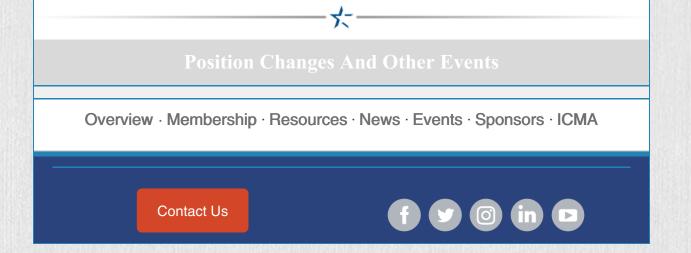
After 3 years, we are excited to welcome back our SEI Alums to our in-person Alumni Program. The programs is scheduled for October 26-28 at Darden. We have planned three full days of high-quality sessions designed to refresh, reengage and to assist our alumni leaders as they face some of the greatest challenges ever in local government. We have also planned many times to connect with colleagues to build your networks of support. **More info and register.** 

## **Opening our Wings**

You are not fragile and weak nor at the mercy of conditioning you cannot release. Incredible strength and vitality rests inside awaiting the readiness to awaken and fly.

Let the silent angel messages get through all the distractions undermining you and reveal the love, the strength, and the resiliency of your inherited, unchanging divinity.

Freedom and spontaneity are your fate as you allow your imprisoned splendor to escape. In a claustrophobic mind, no longer bound for your heart's wings are found and the courage to open them and fly beyond the farthest reaches of the sky.



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